









# Prepare for the GMAT® exam



Build your eight-week GMAT study timeline

|               | Objectives<br>                                    | Tasks<br>   | Materials<br>  | Tips<br>  |
|---------------|--|--|---|--|
| <b>WEEK 1</b> | <p> <b>Become familiar with the GMAT exam</b></p> | <ul style="list-style-type: none"> <li>Learn about the GMAT exam in the GMAT® Official Guide and on mba.com</li> <li> <b>Go to <a href="https://mba.com">mba.com</a> and access your free GMAT Official Starter Kit + Practice Exams 1 &amp; 2</b></li> <li>Read tips to prepare and take one of the two free practice exams to set a baseline</li> </ul> | <p> <b>GMAT® Official Guide</b></p> <ul style="list-style-type: none"> <li>GMAT Official Starter Kit and Practice Exam 1</li> </ul>          | <p>Don't worry about your score on the first practice exam! The goal is to become familiar with the exam and set a baseline for measuring your progress.</p>                           |
| <b>WEEK 2</b> | <ul style="list-style-type: none"> <li>Practice and refine your study plan</li> </ul>  | <ul style="list-style-type: none"> <li>Answer the first 1/3 of practice questions in each section of the Official Guide</li> <li>Identify strengths and weaknesses and create a detailed two-week study plan</li> <li>Continually review answer explanations and refine your approach to questions</li> </ul>  | <p> <b>GMAT® Official Guide: Book + Online</b><br/>access at <a href="https://efficientlearning.com/gmat">efficientlearning.com/gmat</a></p> | <p>Questions in each section of the GMAT® Official Guide are ordered based on level of difficulty, from easy to hard.</p>  |
| <b>WEEK 3</b> | <ul style="list-style-type: none"> <li>Assess progress</li> </ul>  | <ul style="list-style-type: none"> <li>Create practice sets based on question type and difficulty using your online access</li> <li>Take the second of the two free practice exams</li> <li>Review the test results in full and adjust the two-week study plan accordingly</li> </ul>  | <ul style="list-style-type: none"> <li>GMAT Official Starter Kit and Practice Exam 2</li> </ul>   | <p>When taking a practice exam, try to simulate a real test experience and minimize the number of distractions that could disrupt your concentration.</p>                              |
| <b>WEEK 4</b> | <ul style="list-style-type: none"> <li>Focus on time management</li> </ul>   | <ul style="list-style-type: none"> <li>Use a timer and practice answering questions under time pressure</li> <li>Create timed practice sets with the online version of the GMAT® Official Guide</li> </ul>   | <ul style="list-style-type: none"> <li>GMAT® Official Guide</li> </ul>  | <p>Time management is very important on the GMAT exam. Develop a sense of when to work through a question and when to make an educated guess and move on.</p>                          |
| <b>WEEK 5</b> | <ul style="list-style-type: none"> <li>Assess progress</li> </ul>  | <ul style="list-style-type: none"> <li>Continue using timed practice tests and focus on specific areas</li> <li>Take the first of two practice exams from the GMAT Official Practice Exams 3 &amp; 4</li> <li>Review the exam in full and adjust the two-week study plan accordingly</li> </ul>  | <ul style="list-style-type: none"> <li>GMAT® Official Guide</li> <li>GMAT Official Practice Exam 3</li> </ul>   | <p>Use the code in the GMAT® Official Guide to access the online version, which contains Integrated Reasoning questions not available in the book.</p>                                 |
| <b>WEEK 6</b> | <ul style="list-style-type: none"> <li>Build confidence</li> </ul>   | <ul style="list-style-type: none"> <li>Review questions you got wrong on practice tests</li> <li>Use the 90 practice questions in the Starter Kit and additional official practice questions in the GMAT® Official Guide for more targeted practice</li> </ul>   | <ul style="list-style-type: none"> <li>GMAT® Official Guide</li> <li>GMAT Official Starter Kit</li> </ul>   | <p>We suggest spending as much time reviewing questions as answering them.</p>   |
| <b>WEEK 7</b> | <ul style="list-style-type: none"> <li>Assess readiness</li> </ul>   | <ul style="list-style-type: none"> <li>Take the second of two practice exams from the GMAT Official Practice Exams 3 &amp; 4</li> <li>Pay attention to pacing throughout the practice exam</li> <li>Review the exam in full to assess progress and readiness for test day</li> <li>Review the GMAT® Handbook on mba.com for what to bring to the test center and what to expect</li> </ul>   | <ul style="list-style-type: none"> <li>GMAT Official Practice Exam 4</li> </ul>   | <p>Note that because the GMAT exam is a computer-adaptive test, the questions will get harder as you answer them correctly, so it will feel more difficult as the exam progresses.</p> |
| <b>WEEK 8</b> | <ul style="list-style-type: none"> <li>Prepare for test day</li> </ul>   | <ul style="list-style-type: none"> <li>Review challenging questions and go over answer explanations</li> <li>Develop a time management strategy based on your strengths and weaknesses</li> <li>Think through logistics for test day and be sure to rest up!</li> </ul>  | <ul style="list-style-type: none"> <li>GMAT® Official Guide</li> </ul>  | <p>Don't try to cram too much in the last week; focus on building confidence and keeping your mind fresh.</p>  |

# GMAT™



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